

This Saturday - VAWA Freestyle Duals - Saturday, May 16 in Richmond, VA

VAWA Freestyle Club Duals is May 16 at the Arthur Ashe Center in Richmond, Virginia. We will be competing at Dulles Mat Club Livewire. Please sign up using the link below. We need drivers too! Cost is \$25 per wrestler (make checks out to Chantilly High School) and please complete the [Individual Liability Release](#). Weigh-ins are between 7AM and 8AM, so we will meet at Chantilly at 5:30AM and leave by 5:45AM. Wrestling begins at 10AM. **Wrestlers are required to have a red and blue singlet. We will loan singlets for the day OR you can buy your singlets for \$60 each the morning of May 16 (make checks out to Chantilly High School).**

[Sign-Up for VAWA Duals \(Wrestlers, Weight Classes, and Carpool Drivers\)](#)

NHSCA Folkstyle Duals - Friday, May 22 through Monday, May 25 in Virginia Beach, VA

The NHSCA National Duals in Virginia Beach are Friday, May 22 through Monday, May 25. Weigh-ins are Friday, May 22 from 5-8 PM so I would suggest leaving Northern Virginia no later than 12PM noon on Friday. Wrestle Saturday, Sunday and Monday. This means we will be staying in a hotel for 3 nights. Hotel information to be announced soon. There will also be plenty of beach time in between sessions! The team will get a t-shirt, shorts and 2 singlets. The entry fee is tentatively \$325 per wrestler. **Make checks out to Chantilly High School.** We are taking this on first come first serve basis. We are also asking that a \$100 dollar deposit be put down if you want to hold your spot by Tuesday, May 12! Let us know if your family can provide rides (use the link below).

[Sign-Up for NHSCA Duals \(Wrestlers, Weight Classes, and Carpool Drivers\)](#)

Schedule for the Week

- **Monday, May 11** - NO LIFTING TODAY. Devin Carter at Centreville High School at 6PM. Cost is \$15. Devin will be teaching some of the technique and share his insights into what it takes to be a champion on and off the mat. Devin Carter is a 2014 NCAA Runner-Up, Three-time NCAA All-American (2012, 2014, 2015), Four-time ACC Champion, and 2014 Academic All-America second-team selection. Don't miss this opportunity!
- **Tuesday, May 12** - NO LIFTING. Dulles Mat Club Practice at Westfield 5PM-6:30PM
- **Wednesday, May 13** - CAPTAINS RUN OUTSIDE
- **Thursday, May 14** - Lift 2:20PM-3:30PM; Dulles Mat Club Practice at Westfield 5PM-6:30PM
- **Friday, May 15** - Lift 2:20PM-3:30PM
- **Saturday, May 16** - VAWA Duals in Richmond. Weigh-ins are between 7AM and 8AM, so we will meet at Chantilly at 5:30AM and leave by 5:45AM. Wrestling begins at 10AM

Team Camp at Jeff Jordan Team State Champ Camp

Chantilly Wrestling will be attending team camp at Jeff Jordan's State Champ Wrestling Camp in Urbana, Ohio from Sunday, June 28 through Thursday, July 2. The total cost is \$460 per wrestler. The cost includes a charter bus. I realize this is an expensive camp. Please let me know if a wrestler needs help raising money. I encourage all wrestlers to start saving money now! This is a TEAM CAMP so it's important all Chantilly wrestlers attend! A \$100 DEPOSIT was due by Friday, May 1st along with the [MEDICAL WAIVER](#) and a copy of the front and back your insurance card. It is not too late to sign up! **The remaining balance of \$360 is due Friday, June 19. MAKE ALL CHECKS OUT TO CHANTILLY HIGH SCHOOL. Please get this in ASAP to reserve your spot on the bus!!!**

Virginia Tech Wrestling Commuter Camp at Chantilly

This camp is going to fill up fast! Only 120 wrestlers allowed in. Chantilly High School Wrestling will be hosting the Virginia Tech Wrestling's Northern Virginia Commuter Camp on Monday, June 22 through Thursday, June 25. The cost is \$150 and you must sign up through this link: <http://www.kdressercamps.com/> Look for the NOVA Commuter Camp link. I have no control over registration. You must sign-up on your own!

Physicals at Chantilly

Chantilly will be conducting sport physicals at Chantilly High School on Tuesday, June 16 from 5:30PM-7:30PM. The cost is \$50 pre-registration or \$60 at the door. [Register for FCPS Physicals at Chantilly](#)